



Anca D. Pacuraru, D.O.,F.A.O.C.O.
Board Certified Ophthalmologist

*Fellowship Trained Glaucoma Specialist
Ophthalmic Surgery • Cataract Surgery
General Ophthalmology*

Dr. Pacuraru and her staff have designed this surgical packet for your convenience. This packet contains all the necessary information for your cataract surgery. We hope it will help understand your surgery better.

YOUR APPOINTMENT IS SCHEDULED AT

- o Texas Midwest Surgery Center
- o Hendrick Medical Center

The recovery time usually is short and there are few restrictions after surgery. There is usually an improvement in vision within a few days of the surgery. We hope this packet will address most, if not all, of your questions and concerns. If you have additional questions, please call the office and we will be happy to answer them.

Texas Midwest Surgery Center **Phone: (325) 677-6555** **Fax: (325) 677-6976**
751 North 18th Street
Abilene, TX 79601

Directions:
From South Abilene: Travel North on Treadaway Blvd. and turn left on N. 18th St. Texas Midwest Surgery Center is located on the left-hand side of the street.
From North Abilene: Travel east on Ambler St. to Treadaway Blvd. Turn right on Treadaway Blvd. Turn right on N. 18th St. Texas Midwest Surgery Center will be on your left.

Hendrick Medical Center **Phone: (325) 670-2000** **Fax: (325) 670-4427**
Jones Building
1924 Pine Street
Abilene, TX 79601

Directions:
From South Abilene: Travel North on Treadaway Blvd. And turn left on N. 18th St. Turn right on Pine St. Turn left in the entrance of the Jones building connected to Hendrick Medical Center.
From North Abilene: Travel east on Ambler St. to Pine St. Turn right on Pine St. Turn right in Jones building connected to Hendrick Medical Center.

Cat package #1

PH: (325) 701-9885
TF: (855) 813-1446
FAX: (325) 701-9884

1750 Pine Street
Abilene, TX 79601
www.drpac-eyecare.com



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I. Patients: If you use Pilocarpine (Isopto Carpine, Pilocar, etc.) and/or Epinephrine Compounds (Propine, Epinol), these will need to be discontinued for two weeks prior to your surgery. Prior to stopping these, please notify Dr. Pacuraru so alternative medication can be prescribed.

To avoid bleeding complications at the time of surgery:

II. If you are on a blood thinner such as Coumadin, this needs to be stopped one week prior to surgery. ** If it is cleared by your personal physician. DO NOT stop this without prior approval. If this cannot be stopped, notify Dr. Pacuraru so appropriate modifications in the surgical technique can be undertaken.

III. Also with your personal physician's approval, stop taking any of the following medications FIVE DAYS prior to your surgery:

Ibuprofen (Rufen, Advil, Medipren, Nuprin, Motrin)
Naproxen (Anaprox, Naprosyn, Aleve)
Flubiprofen (Ansaid)
Diclofenac Potassium (Cataflam)
Sulldac (Clinoril)
Oxaprozin (Daypro)
Diflunisal (Dolobid)
Piroxicam (Feldene)
Indomethacin (Indocin)

Etodolac (Lodine)
Meclofenamate Sodium (Meclomen) Fenoprofen
Calcium (Nalfon)
Ketoprofen (Orudis)
Nabumetone (Relafen)
Pentazocine Hydrochloride (Talacen) Tolmetin
Sodium (Tolectin)
Ketorolac Tromethamine (Toradol) Diclofenac
Sodium (Voltaren)

IV. STOP TAKING ANY OF THE FOLLOWING NON-PRESCRIPTION PRODUCTS CONTAINING ASPIRIN, SALICYLATES AND/OR SALICYLAMIDES:

Alka-Seltzer Effervescent Tablets
Alka-Seltzer Plus Cold Tablets
Anacin Tablets/Capsules, Maximum Strength
Anodynos Tablets
Arthralgon Tablets
Arthritis Pain Formula Tablets
Arthritis Strength Bufferin Tablets
Arthropan Liquid
A.S.A. Tablets (Aspirin)
A.S.A. Enseals
Ascriptin Tablets
Ascriptin AID Tablets

Dasin Capsules
Doan's Pills
Duoprin Capsules
Duoprin-S Syrup
Duradyno Tablets
Ecotrin Tablets
Emagrin Tablets
Empirin Tablets
Excedrin Tablets and Capsules
4-Way Cold Tablets
Maximum Bayer Aspirin
Measurin Tablets

Cat #6 Stop Meds

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Ascriptin Extra-Strength Tablets
Asperful Tablets
Aspergum
Bayer Aspirin Tablets
Bayer Children's Aspirin
Bayer Children's Cold Tablets
Bayer Timed-Release Aspirin Tablets
BC Tablet and Powder
Buffaprin Tablets
Bufferin Tablets
Bufferin Arthritis Strength Tablets
Bufferin Extra-Strength Tablets
Buffets II Tablets
Buffinol Tablets
Buffinol Extra Tablets
Buf-Tabs
Cama Arthritis Pain Reliever
Copo Tablets
Cosprin Tablets
CP-2 Tablets

Midol Caplets
Mobigesic Tablets
Momentum Tablets
Neocylate Tablets
Pabalate
Pepto-Bismol Tablets and Suspension
Persistin Tablets
S-A-C Tablets
St. Joseph's Aspirin for Children
St. Joseph's Cold Tablets for Children
Saleto Tablets
Salocol Tablets
Stanback Powder
Supac
Synalgos Capsules
Trigesic
Uracal
Vanquish Caplets
Varin

It is all right to take Tylenol or Extra Strength Tylenol.

DO NOT STOP ANY MEDICATION PRESCRIBED BY YOUR PERSONAL PHYSICIAN WITHOUT PRIOR APPROVAL.

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INFORMATION FOR CATARACT SURGERY PATIENTS

ONE WEEK BEFORE SURGERY:

Make arrangements for transportation to Texas Midwest Surgery Center. You will not be permitted to drive on the day of surgery or for 24 hours after your surgery.

PRIOR TO SURGERY:

**Any special instructions will be given during this visit.
There will be prescriptions either given to you or sent to your pharmacy by email.**

One day prior to surgery:

TAKE----- FOUR TIMES PER DAY (Breakfast, Lunch, Dinner, Bedtime)

TAKE----- FOUR TIMES PER DAY (Breakfast, Lunch, Dinner, Bedtime)

TAKE----- ONE TIME PER DAY

Clear liquid only up to 2 hours before surgery. If you take insulin or tablets for diabetes, DO NOT take your insulin or diabetic tablets the morning of the surgery unless instructed otherwise.

THE MORNING OF THE SURGERY:

The morning of surgery you may have enough water to take your regular medications. Please take your regular medicines as they are normally scheduled with the exception of diabetes medication. Omit your diabetes medicine and bring it with you so it may be taken after your surgery is completed. (If your surgery is scheduled for the afternoon, we will give you instructions about your medications on the day of your preoperative visit.) Shower and wash your face thoroughly with soap. Do not apply any make-up to the eyes or face. Dress comfortably. A freshly laundered top with very loose or short sleeves is preferred so that a pressure cuff may easily be placed over your arm. LEAVE ALL VALUABLES AND PERSONAL BELONGINGS AT HOME, including all your jewelry.

Cat#7

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UPON ARRIVAL FOR SURGERY:

An I.V. will be started and you will be given intravenous medication, which will make you sleepy for a few minutes. A local anesthetic will be administered which will eliminate any pain during surgery.

THE OPERATION:

After an adequate time to allow the local anesthetic to take effect, you will be taken to the operating room. During surgery, try to relax. Your face will be covered by a protective drape. Fresh oxygen will be circulated under the drape. The operation usually lasts about 30 minutes. Your operated eye will be patched and a shield taped over the eye before you leave the operating room.

AFTER SURGERY- SAME DAY:

You will rejoin your family and friends. You will be given refreshments and you may go home within one half to one hour. Continue all of your regular medications unless instructed otherwise.

SAME DAY- AT HOME:

Resume normal non-straining activities. You will not be able to lift more than 20 pounds for the first week following cataract surgery. Keep your eye patched until the following morning or as directed by Dr. Pacuraru. Do not forget that you need to have someone stay with you or you need to stay with someone during the first day and night after the surgery.

FIRST POST-OP VISIT:

Bring your post-op kit with all eye medications to the office, including any you were using prior to surgery. Please bring this bag with you on all your post-op visits.

Cat #8 Upon Arrival

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POST OPERATIVE INSTRUCTIONS

- **DO NOT RUB YOUR EYE.** The worst thing you can do is to rub your eye.
- **Wear something hard over your eye to protect it at all times.**
- **USE YOUR MEDICATIONS AS PRESCRIBED**
- **Avoid heavy lifting (over twenty pounds) and any other strenuous or athletic activity for the first two weeks after surgery.**

Do not leave the hospital/surgery center without your medications. Please resume taking all non-eye medications that you were taking before surgery.

**IF YOU HAVE ANY QUESTIONS OR CONCERNS PLEASE CALL US. The phone number is:
(325) 701-9885 or toll free (855) 813-1446.**

FOLLOW UP OFFICE VISITS:

Bring your post-op kit with all of your EYE MEDICATIONS each time you come to the office. Also bring your GLASSES.

Glaucoma #10

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